

TEAM OF FOUR WORKOUT
For teams Under 13 years

Form lineup in section, then-

1. Walk out in single file (approximately 40m)
2. Trot a circle to the right in single file
3. Change direction, form half section and trot circle left
4. Form section and canter a circle (left rein)
5. Change direction canter half circle right
6. Canter back to judge and halt through trot and walk
7. Sustain halt 5 seconds while saluting



DIAGRAM KEY

X – Judge
Walk
Trot
Canter

For teams 13 – Under 25 years

Starting from the lineup, in section

1. Walk in section
2. Trot a figure of eight in section
3. Canter a figure of eight in section
4. At the completion of the right (2nd) circle of the figure of eight, change rein
5. Go on to a larger circle at the canter (left rein)
6. At the canter on the left rein form half section
7. Trot
8. Form single file at the trot
9. Walk and at the same time form a section
10. Come back to the halt in front of the judge
11. Sustain halt five seconds while saluting

Note: From 7 – 9 is done on one large circle

DIAGRAM KEY

X – Judge
Walk
Trot
Canter

Witches hats will be put in place to indicate where the team is to change from walk to trot to canter and canter to trot to walk.

